

Environmental Exposure Questionnaire: Caffeine

Start of Block: Default Question Block

Q5 CAFFEINE

Q6

The following questions ask about your use of caffeine throughout your lifetime. Please answer these questions to the best of your ability.

Q7 These questions were primarily completed by:

- ☐ Study Participant (1)
 - ☐ Study Participant's Spouse (2)
 - ☐ Other relative (3) _____
 - ☐ Someone else (4) _____
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Q8 **SECTION A: CAFFEINATED COFFEE**

Q9

In your lifetime, have you ever regularly drunk caffeinated coffee, that is, at least once per week for 6 months or longer?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: End of Block If Q9 = 2

Skip To: End of Block If Q9 = 3

Skip To: End of Block If Q9 = 4

Q10 At what age (or in what year) did you start regularly drinking caffeinated coffee?

- ☐ Age started (1) _____
 - ☐ Year started (2) _____
 - ☐ Don't know (3)
 - ☐ Prefer Not to Answer (4)
-

Q11 At what age (or in what year) did you stop regularly drinking caffeinated coffee?

- ☐ Age stopped (1) _____
 - ☐ Year stopped (2) _____
 - ☐ Currently drink (3)
 - ☐ Don't know (4)
 - ☐ Prefer Not to Answer (5)
-

Q12

Were there periods of a year or more when you did NOT regularly drink caffeinated coffee?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q21 If Q12 = 2

Skip To: Q21 If Q12 = 3

Skip To: Q21 If Q12 = 4



Q13

At what age did you first stop drinking caffeinated coffee?



Q14

At what age did you start drinking at least 1 cup per week of caffeinated coffee again?

Q15 Were there other periods when you temporarily stopped drinking caffeinated coffee regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q21 If Q15 = 2

Skip To: Q21 If Q15 = 3

Skip To: Q21 If Q15 = 4



Q16 At what age did you stop drinking caffeinated coffee again?



Q17

At what age did you start drinking at least 1 cup per week of caffeinated coffee again?

Q18 Were there other periods when you temporarily stopped drinking caffeinated coffee regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q21 If Q18 = 2

Skip To: Q21 If Q18 = 3

Skip To: Q21 If Q18 = 4



Q19 At what age did you stop drinking caffeinated coffee again?



Q20 At what age did you start drinking at least 1 cup per week of caffeinated coffee again?

Q21

During the time you were regularly drinking caffeinated coffee, on average, about how many cups per week did you drink?

- ☐ Number of cups/week (1) _____
- ☐ Don't know (2)
- ☐ Prefer Not to Answer (3)

End of Block: Default Question Block

Start of Block: Block 3

Q22 **SECTION B: CAFFEINATED BLACK TEA**

Q23

In your lifetime, have you ever regularly drunk hot or iced caffeinated black tea, that is, at least once per week for 6 months or longer? (black tea includes most types of non-herbal tea, such as Lipton, Earl Grey and others)

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: End of Block If Q23 = 2

Skip To: End of Block If Q23 = 3

Skip To: End of Block If Q23 = 4

Q24 **At what age (or in what year) did you start regularly drinking caffeinated black tea?**

- ☐ Age started (1) _____
- ☐ Year started (2) _____
- ☐ Don't know (3)
- ☐ Prefer Not to Answer (4)

Q25 **At what age (or in what year) did you stop regularly drinking caffeinated black tea?**

- ☐ Age stopped (1) _____
- ☐ Year stopped (2) _____
- ☐ Currently drink (3)
- ☐ Don't know (4)
- ☐ Prefer Not to Answer (5)

Q26 Were there periods of a year or more when you did NOT regularly drink caffeinated black tea?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q35 If Q26 = 2

Skip To: Q35 If Q26 = 3

Skip To: Q35 If Q26 = 4



Q27 **At what age did you first stop drinking** caffeinated black tea?



Q28 **At what age did you start drinking at least 1 cup per week of caffeinated black tea again?**

Q29 Were there other periods when you temporarily stopped drinking caffeinated black tea regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q35 If Q29 = 2

Skip To: Q35 If Q29 = 3

Skip To: Q35 If Q29 = 4



Q30 At what age did you stop drinking caffeinated black tea again?



Q31 At what age did you start drinking at least 1 cup per week of caffeinated black tea again?

Q32 Were there other periods when you temporarily stopped drinking caffeinated black tea regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q35 If Q32 = 2

Skip To: Q35 If Q32 = 3

Skip To: Q35 If Q32 = 4



Q33 At what age did you stop drinking caffeinated black tea again?



Q34 At what age did you start drinking at least 1 cup per week of caffeinated black tea again?

Q35

During the time you were regularly drinking caffeinated black tea, on average, about how many cups per week did you drink?

- ☐ Number of cups/week (1) _____
- ☐ Don't know (2)
- ☐ Prefer Not to Answer (3)

End of Block: Block 3

Start of Block: Green Tea Contd.

Q36 SECTION C: CAFFEINATED GREEN TEA

Q37

In your lifetime, have you ever regularly drunk caffeinated green tea, that is, at least once per week for 6 months or longer?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: End of Block If Q37 = 2

Skip To: End of Block If Q37 = 3

Skip To: End of Block If Q37 = 4

Q38 At what age (or in what year) did you start regularly drinking caffeinated green tea?

- ☐ Age started (1) _____
 - ☐ Year started (2) _____
 - ☐ Don't know (3)
 - ☐ Prefer Not to Answer (4)
-

Q39 At what age (or in what year) did you stop regularly drinking caffeinated green tea?

- ☐ Age stopped (1) _____
 - ☐ Year stopped (2) _____
 - ☐ Currently drink (3)
 - ☐ Don't know (4)
 - ☐ Prefer Not to Answer (5)
-

Q40

Were there periods of a year or more when you did NOT regularly drink caffeinated green tea?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q49 If Q40 = 2

Skip To: Q49 If Q40 = 3

Skip To: Q49 If Q40 = 4



Q41 At what age did you first stop drinking caffeinated green tea?



Q42 At what age did you start drinking at least 1 cup per week of caffeinated green tea again?

Q43 Were there other periods when you temporarily stopped drinking caffeinated green tea?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q49 If Q43 = 2

Skip To: Q49 If Q43 = 3

Skip To: Q49 If Q43 = 4



Q44 At what age did you stop drinking caffeinated green tea again?



Q45 At what age did you start drinking at least 1 cup per week of caffeinated green tea again?

Q46 Were there other periods when you temporarily stopped drinking caffeinated green tea?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q49 If Q46 = 2

Skip To: Q49 If Q46 = 3

Skip To: Q49 If Q46 = 4

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Q47 At what age did you stop drinking caffeinated green tea again?

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Q48 At what age did you start drinking at least 1 cup per week of caffeinated green tea again?

Q49

During the time you were regularly drinking caffeinated green tea, on average, about how many cups per week did you drink?

- ☐ Number of cups/week (1) _____
- ☐ Don't know (2)
- ☐ Prefer Not to Answer (3)

End of Block: Green Tea Contd.

Start of Block: Soda contd

Q50 **SECTION D: CAFFEINATED SODA**

Q51

In your lifetime, have you ever regularly drunk caffeinated soda, that is, at least once per week for 6 months or longer?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: End of Survey If Q51 = 2

Skip To: End of Survey If Q51 = 3

Skip To: End of Survey If Q51 = 4

Q52 At what age (or in what year) did you start regularly drinking caffeinated soda?

- ☐ Age started (1) _____
 - ☐ Year started (2) _____
 - ☐ Don't know (3)
 - ☐ Prefer Not to Answer (4)
-

Q53 At what age (or in what year) did you stop regularly drinking caffeinated soda?

- ☐ Age stopped (1) _____
 - ☐ Year stopped (2) _____
 - ☐ Currently drink (3)
 - ☐ Don't know (4)
 - ☐ Prefer Not to Answer (5)
-

Q54

Were there periods of a year or more when you did NOT regularly drink caffeinated soda?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q63 If Q54 = 2

Skip To: Q63 If Q54 = 3

Skip To: Q63 If Q54 = 4



Q55 At what age did you first stop drinking caffeinated soda?



Q56 At what age did you start drinking at least 1 cup per week of caffeinated soda again?

Q57 Were there other periods when you temporarily stopped drinking caffeinated soda regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q63 If Q57 = 2

Skip To: Q63 If Q57 = 3

Skip To: Q63 If Q57 = 4

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Q58 At what age did you stop drinking caffeinated soda again?

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Q59 At what age did you start drinking at least 1 cup per week of caffeinated soda again?

Q60 Were there other periods when you temporarily stopped drinking caffeinated soda regularly?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Don't Know (3)
- ☐ Prefer Not to Answer (4)

Skip To: Q63 If Q60 = 2

Skip To: Q63 If Q60 = 3

Skip To: Q63 If Q60 = 4

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Q61 At what age did you stop drinking caffeinated soda again?



Q62 At what age did you start drinking at least 1 cup per week of caffeinated soda again?

Q63

During the time you were regularly drinking caffeinated soda, on average, about how many cups per week did you drink?

- ☐ Number of cups/week (1) _____
- ☐ Don't know (2)
- ☐ Prefer Not to Answer (3)

End of Block: Soda contd
